

HEALTH PLANS THAT WORK AS HARD AS YOU DO.



Plans to fit your life and budget

MHBP STANDARD OPTION

Comprehensive coverage at an affordable price

The MHBP Standard Option is setting a higher standard for federal employee health plans — at a lower cost.

The plan's low copayments keep your costs down and out-of-pocket expenses predictable.

With network providers, the plan pays 100 percent for annual exams, lab tests, maternity care and more. For services like diagnostic tests or surgery, this plan has you covered.

MHBP CONSUMER OPTION (HDHP)

Part health plan, part savings account that's there when you need it

The MHBP Consumer Option is a high-deductible health plan with a health savings account (HSA).

The plan will deposit up to \$2,400 per year for a Self and Family or Self Plus One enrollment (\$1,200 Self Only) into your HSA for you. Use it to pay for health expenses, or watch your savings grow as they roll over. Network preventive care is covered at 100% with no deductible. After you meet your deductible, you pay low copayments — or nothing at all — for covered care.

MHBP VALUE PLAN

A plan with your health care needs and budget in mind

The MHBP Value Plan is our most affordable plan. It provides you with valuable protection against an unforeseen illness or event.

The Value Plan balances low cost and high satisfaction. That makes it a great choice for healthy people who don't typically need a lot of medical services.

Plus, you pay nothing for preventive care from network providers. Including things, like an annual exam, screenings, immunizations and well-child visits.



I started at the Post Office in 1976 as a Mail Handler. First thing I did was join the Union, second thing I did was sign up for the Mail Handlers Benefit Plan [MHBP].
- Paul H., MHBP member

They've treated us like family. It's just been the right fit for us.
- John G., MHBP member

You can't put a clock on your needs for health care and for answers. So, I can reach out at any time during the day and get the service that I need.
- Michael H., MHBP member



CONNECT WITH MHBP



Call **1-800-410-7778 (TTY: 711)** 24 hours a day, 7 days a week (except major holidays).

Or visit **MHBP.com/Live** to schedule a one-on-one phone consultation, start a live chat, register to attend a webinar or learn more about MHBP plans.

*This is a summary of the MHBP plans. There may be fees associated with a Health Savings Account (HSA). These are the same types of fees you may pay for checking account transactions. Please see the HSA fee schedule in your HSA enrollment materials for more information. Before making the final decision, please read the 2023 official Plan Brochures (RI 71-007 or RI 71-016). All benefits are subject to the definitions, limitations and exclusions set forth in the 2023 official Plan Brochures.