

# WALK WITH US TO TURN TYPE ONE INTO TYPE NONE



Each year, JDRF One Walk brings together more than 900,000 people across the country to **change the future for people living with type 1 diabetes (T1D)**.

This fun, family-friendly event gives people with T1D—and their friends, family and co-workers—the opportunity to raise money for life-changing research.

## JDRF One Walk, Ashburn, VA Sunday, May 3, 2020

Brambleton Town Center, Ashburn, VA  
9:00AM Check-In / 10:30AM Walk Begins

## JDRF One Walk, Washington, DC Sunday, May 31, 2020

National Mall, Washington, DC  
9:00AM Check-In / 10:30AM Walk Begins

*Register for a JDRF One Walk today at [walk.jdrf.org](http://walk.jdrf.org)*

**SUPPORT THE MAIL HANDLERS JDRF ONE WALK TEAM**  
**WATCH THE WEBSITE FOR DETAILS: [npmhu.org](http://npmhu.org)**

