## This Plan Is **Your** Plan Setting a new standard for federal health plans

#### Support your Union-sponsored health plan

MHBP offers three worldwide health plans designed to fit every need and budget. Regardless of your stage in life, location or health status, there's an MHBP plan for you. You can count on:

Nationwide network of doctors and hospitals backed by Aetna No specialist referrals or PCP selection required — you direct your care Wellness tools and rewards to help keep you healthy 24/7 customer service (except major holidays)

Call us at **800-410-7778** or visit **MHBP.com** for more information about our plans.



This is a summary of the Mail Handlers Benefit Plan (MHBP). Before making the final decision, please read the 2019 official Plan Brochures (RI 71-007 or RI 71-016). All benefits are subject to the definitions, limitations and exclusions set forth in the 2019 official Plan Brochures. @2019 Aetna Inc. All rights reserved. All other names and (registered) trademarks are the property of their respective owners.

### **MHBP Standard Option**

# Comprehensive coverage at a surprisingly low cost

Our most comprehensive plan at a surprisingly affordable price, which provides you with low out-of-pocket costs.

### **MHBP Value Plan**

# Preventive care and catastrophic coverage at an affordable cost

Our most affordable plan, which provides you with valuable protection against an unforeseen illness or event.

### **MHBP Consumer Option**

#### A high-deductible plan with an HSA

Our Consumer Option is a High-Deductible Health Plan (HDHP) with a Health Savings Account (HSA) that gives you traditional coverage and helps you build savings for future medical costs.

Postal Category 1			
Biweekly Premium (NPMHU)			
	Self	Self+1	Family
Standard Option	\$63.23	\$145.55	\$146.95
Value Option	\$50.21	\$118.98	\$121.35
Consumer Option	\$63.50	\$140.53	\$147.55

It's Open Season, so now is the time to make changes to your Union-sponsored health plan.

