This Plan Is Your Plan
Health plans for every federal employee

**MHBP Standard Option**
Comprehensive coverage at a surprisingly low cost

MHBP Standard Option is the new standard for federal health benefits. You’ll get comprehensive benefits and predictable out-of-pocket expenses for a much lower cost than you’d expect.

**MHBP Value Plan**
Preventive care and catastrophic coverage at an affordable cost

Our Value Plan safeguards you against the high cost of an unforeseen illness or event. Plus, you pay nothing for preventive care, such as your annual physical exam, routine screenings, immunizations, women’s preventive care and well-child care.

**MHBP Consumer Option**
A high-deductible plan with an HSA

Like being in control of your health care? Our Consumer Option is a great choice for you. The Plan will deposit $1,200 for self only plans and up to $2,400 for self plus one or family per year into an HSA for you to spend on your care. And preventive care is paid at 100 percent!

Call us at 800-410-7778 or visit MHBP.com for more information about our plans.

**Support your union-sponsored health plan**

MHBP offers three worldwide health plans designed to fit every need and budget. Regardless of your stage in life, location or health status, there’s an MHBP plan for you. You can count on:

- Nationwide network of doctors and hospitals backed by Aetna
- No specialist referrals or PCP selection required — you direct your care
- Telehealth services through Teladoc® at no cost to you *
- Lab work at no cost to you when performed at Quest Diagnostics™ or LabCorp®
- Dedicated MHBP representatives available to assist you 24/7 (except major holidays)

Call us at 800-410-7778 or visit MHBP.com for more information about our plans.

*Qualifying life events allow individuals the chance to change their plan selection if one of the following life events occurs: marriage, birth, adoption, divorce, loss of health coverage, etc.

This is a summary of the features of the Mail Handlers Benefit Plan (MHBP). Before making a final decision, please read the 2020 official Plan Brochures (RI 71-007 or RI 71-016). All benefits are subject to the definitions, limitations and exclusions set forth in the 2020 official Plan Brochure. For more information about MHBP plans, please refer to www.MHBP.com. ©2020 Aetna, Inc. All rights reserved.